

Re-use Tips...

Do you have broken, unwanted, or out of date items you don't know what to do with? Or want to throw away less? This handy guide will help!

Is it broken?

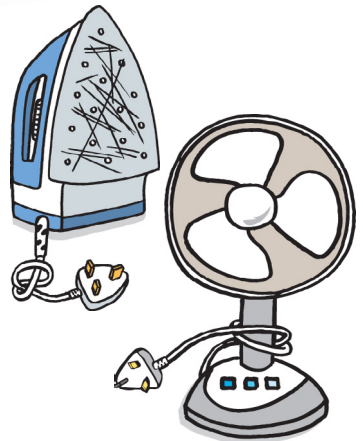
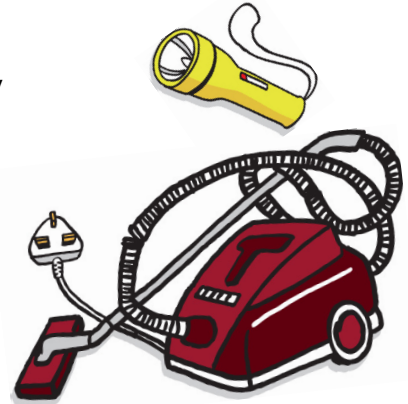
Consider fixing or upcycling items. There are plenty of how-to videos and help online, or you can get a professional to do it for you. Love Your Clothes has some creative ideas on mending and upcycling textiles, visit loveyourclothes.org.uk. And look out for 'Repair Cafes' in Cumbria where people come together to help fix things - or start your own! Visit repaircafe.org for more information.

No longer wanted?

Old clothes that still have life in them can be taken to charity shops to raise money for a good cause. Alternatively, you can organise a clothes swap with friends - check out the "Run your own swishing party" guide on our website in [Love Your Clothes](#).

Bigger items like furniture, electricals and white goods can be donated to one of the many reuse organisations across Cumbria. See our website in [Unwanted Furniture](#) for more details.

You can also try selling stuff or giving it away for free on social media to someone that would love it - try your local [Freecycle](#) or [Freegle](#) group, or look for relevant groups on [Facebook](#).



Consider alternatives

Are you a new parent or parent-to-be? Using cloth nappies is a great way to save money and do your bit for the environment. Modern cloth nappies are easy to use and come in a great range of colours, patterns and styles. You can get a voucher from the council to get started today. See our website in [real nappies](#) for more details.

Get more information at recycleforcumbria.org or find us on [Facebook](#) or [Twitter](#).