

# Re-use Tips...

Do you have broken, unwanted, or out of date items you don't know what to do with? Or want to throw away less? This handy guide will help!

## Is it broken?

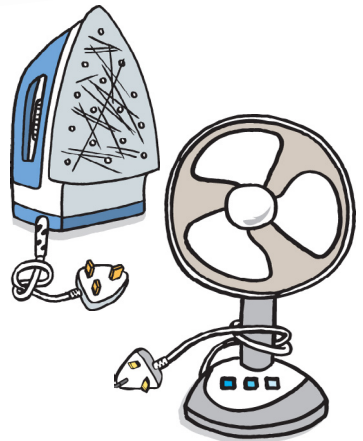
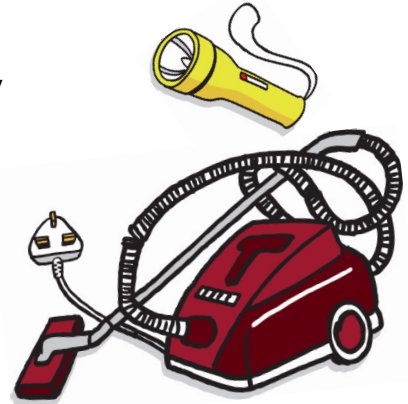
Consider fixing or upcycling items. There are plenty of how-to videos and help online, or you can get a professional to do it for you. Love Your Clothes has some creative ideas on mending and upcycling textiles, visit [loveyourclothes.org.uk](http://loveyourclothes.org.uk). And look out for 'Repair Cafes' in Cumbria where people come together to help fix things - or start your own! Visit [repaircafe.org](http://repaircafe.org) for more information.

## No longer wanted?

Old clothes that still have life in them can be taken to charity shops to raise money for a good cause. Alternatively, you can organise a clothes swap with friends - check out the "Run your own swishing party" guide on our website in [Love Your Clothes](#).

Bigger items like furniture, electricals and white goods can be donated to one of the many reuse organisations across Cumbria. See our website in [Unwanted Furniture](#) for more details.

You can also try selling stuff or giving it away for free on social media to someone that would love it - try your local [Freecycle](#) or [Freegle](#) group, or look for relevant groups on [Facebook](#).



## Consider alternatives

Are you a new parent or parent-to-be? Using cloth nappies is a great way to save money and do your bit for the environment. Modern cloth nappies are easy to use and come in a great range of colours, patterns and styles. You can get a voucher from the council to get started today. See our website in [real nappies](#) for more details.

Get more information at [recycleforcumbria.org](http://recycleforcumbria.org) or find us on [Facebook](#) or [Twitter](#).

